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**'kundalini chakras and auras a christian perspective on**

**May 20th, 2020 - kundalini is then a kind of primal human energy of the body soul union simultaneously impacting the physiological psychological and spiritual levels of human existence it seems to be a natural phenomenon that can awaken as a powerful energy in the body subtle body interaction"body temple dharamsala 2020 all you need to know**

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**'kundalini yoga stella kundalini yoga**

**November 26th, 2019 - the physical body is a temple take care of it the mind is energy regulate it the soul is projection represent it all knowledge is false if the soul is not experienced in the body yogi bhajan kundalini yoga is a holistic philosophy that brings practical benefits of rejuvenation and healing brought to west by'**

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'kundalini sequence to awaken the 10 bodies yoga journal

May 26th, 2020 - see also 5 ways kundalini yoga can help you create the life you want understanding the ten bodies 1 soul body our first body is our soul body our soul body is our flow of spirit our connection to infinity and quite literally our soul this body is our foundational and true self providing us with the ability to live from our heart''beginner s kundalini yoga series wk3 the body is a temple

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