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What Really Causes Heart Disease And How
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to read set in a conversational tone and full of good laughs

for someone who plans on reading multiple books on the cholesterol controversy it would not be a bad read however the reader must be discerning and intent on either fact checking much of the basic science or taking it with a grain of salt 'the great cholesterol con the truth about what really

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cholesterol gets a bad wrap if you were to ask a hundred
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